What’s Behind the USDA Organic Seal?

Organic production emphasizes natural processes and ingredients.

YOU CAN TRUST:

USDA-certified organic food means your food was:

✓ Produced using allowed ingredients:
  • Natural substances are generally allowed
  • Synthetic substances are generally prohibited
✓ Produced without excluded methods (e.g., genetic engineering is not allowed)

USDA-certified organic farms use:

✓ Physical, mechanical, and biological farming methods
✓ Farming methods that support biodiversity and soil health
✓ Only limited amounts of USDA-approved pesticides rigorously vetted by the NOSB, USDA, and the public that do not harm human or environmental health

The USDA National Organic Program ensures:

✓ Rigorous certification of every organic farm and business
✓ Annual inspection of every organic farm and business
✓ Public and expert engagement to keep the standard strong

Visit: www.ams.usda.gov/organic

USDA Organic is the only federally regulated organic label on the shelf. It indicates that farmers and businesses have met strict standards for the growing, processing, and handling of their products.

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