



Des Moines Farmers' Market Report

Livestock, Poultry, & Grain Market News
Friday October 28, 2016

Fruit

Item	Unit	Low	-	High
Apples	Pound	\$2.00	-	\$3.00
Apple Cider	Gallon			\$6.00
Pumpkins	Each	\$2.00	-	\$6.00
Raspberries	Each			\$7.00

Vegetables

Item	Unit	Low	-	High
Bok Choy	Head			\$1.00
Carrots	Bunch	\$3.00	-	\$5.00
Cilantro	Bunch	\$1.00	-	\$1.00
Garlic	Head	\$0.50	-	\$1.00
Grn Onions	Bunch			\$1.00
Gourds	Each	\$1.00	-	\$3.00
Kale	Bunch	\$2.00	-	\$4.00
Lettuce	Bag	\$1.00	-	\$6.00
Onions	Each	\$1.00		\$3.00
Radishes	Bunch		-	\$2.00
Spinach	Bag	\$1.00	-	\$4.00
Tomatoes	Each	\$2.00		\$3.00

Other

Item		Low	-	High
Eggs, brown	Dozen			\$5.00
Honey	Pound			\$5.00
Maple Syrup	Quart	\$19.00	-	\$28.00

What's New This Week

Tomorrow will be the last outside Des Moines Farmers Market for the year. Most produce is readily available, however locally grown cantelope and watermelons are in short supply. Nice pumpkins are still available, although they are smaller than the earlier ones.

Meat

Item	Unit	Low	-	High
Beef				
Ribeye Steak	Pound	\$13.99	-	\$16.50
Top Sirloin Steak	Pound	\$8.99	-	\$12.75
Filet	Pound	\$16.99	-	\$18.00
Ground Beef	Pound	\$5.99	-	\$7.24

Chicken

Whole	Pound			\$4.25
Boneless Breast	Pound			\$9.25
Leg Quarters	Pound			\$3.75
Wings	Pound			\$3.95

Pork

Bacon	Pound	\$6.99	-	\$11.00
Chops	Pound	\$5.99	-	\$7.00
Spare Ribs	Pound	\$4.99	-	\$5.00
Sausage Links	Pound	\$5.99	-	\$6.00

Bag or bunch prices to be determined by the individual producer.

For more information about Iowa's Farmers' Markets please visit

http://www.iowaagriculture.gov/Horticulture_and_FarmersMarkets/farmersMarketAssistance.asp

Source: USDA Market News- IA Dept of Agriculture Des Moines, IA

Nina Biensen, Market Reporter 515-284-4460

LocalIowa.LPGMN@ams.usda.gov

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