

SUPERMARKET HOLIDAY FEATURING OF POULTRY, MEAT, FRUITS & VEGETABLES

Easter/Passover 2014

prices in \$US per pound unless otherwise noted.

LAMB

State	Supermarket	Label	Origin	Leg of Lamb									Racks		Breast	Conditions			
				Bone-in				Semi-Boneless			Boneless		French	Crown Roast					
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half							
NORTHEASTERN U.S. - CT,DC,DE,MA,MD,ME,NH,NJ,NY,PA,RI,VT																			
CT	A&P Stores	no label	AU					3.99											
	Adams IGA	no label	US	4.99															
	ALDI	Diamond Valley	AU								6.49								
	Big Y	no label	US	3.99	3.99	3.99							13.99						
	Bravo	no label	AU	4.99															
	C-Town	no label	AU	4.99															
	Pioneer	no label	US	5.99															
	Price Chopper	Chiapetti	US											11.99					
		Chiapetti	AU											11.99					
		no label	AU					4.99				5.99							
	ShopRite	no label	AU					4.49					5.49	9.99					
	Stop & Shop	Stop & Shop	AU					3.99				4.99		11.99					
	The Fresh Market	no label	n/a											17.99					
Whole Foods NE	Atkins Ranch	NZ	9.99					12.99						21.99					
	Coleman	US	9.99					12.99						21.99					
Whole Foods N Atl.	no label	NZ									8.99								
DC	ALDI	Diamond Valley	AU								6.49								
	Giant of Maryland	Giant	AU					3.99			4.99		11.99						
	Harris Teeter	no label	US					6.99									w/ store card		
		no label	US					8.99									w/o store card		
	Safeway	Open Nature	AU					3.99									w/ store card		
DE	A&P Stores	no label	AU					3.99											
	ACME	no label	n/a					3.99			5.99								
	Food Lion	no label	n/a	5.99														w/ store card	
		no label	n/a	6.99														w/o store card	
	Fresh Grocer	no label	AU								4.99	5.99							
	Giant of Maryland	Giant	AU					3.99			4.99		11.99						
	Harris Teeter	no label	US					6.99										w/ store card	
		no label	US					8.99										w/o store card	
	Pathmark	no label	AU					3.98										w/ store card	
	Redner's	Catelli Bros.	US					7.98											w/ store card
		Catelli Bros.	US					8.98											w/o store card
	Safeway	Open Nature	AU					3.99										w/ store card	
	ShopRite	no label	AU					4.49				5.49	9.99						

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast				
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half						
MA	ALDI	Diamond Valley	AU									6.49						
	Big Y	no label	US	3.99	3.99	3.99								13.99				
	Crosby's	no label	US	5.99														
	Hannaford	Hannaford	n/a					4.99									w/ store card	
		Hannaford	n/a					7.99										w/o store card
	Market Basket	no label	US					4.99	4.99	4.99	5.49	5.49						w/ store card
		no label	US					5.99	5.99	5.99	6.49	6.49						w/o store card
	Price Chopper	Chiapetti	US											11.99				
		Chiapetti	AU											11.99				
		no label	AU					4.99				5.99						
	Shaw's/Star	no label	AU										4.99					
	Stop & Shop	Stop & Shop	AU					3.99				4.99			11.99			
	The Fresh Market	no label	n/a												17.99			
Trucchi's	no label	US	5.49															
Whole Foods	no label	NZ									8.99							
MD	A&P Stores	no label	AU					3.99										
	ACME	no label	n/a					3.99				5.99						
	ALDI	Diamond Valley	AU									6.49						
	Food Lion	no label	n/a	5.99														w/ store card
		no label	n/a	6.99														w/o store card
	Giant of Maryland	Giant	AU					3.99				4.99		11.99				
	Giant Eagle	no label	n/a					6.59						14.99				ABF
	Giant Food	no label	AU					3.99				4.99		11.99				w/ store card
		no label	AU					6.99				7.99		16.29				w/o store card
	Graul's	no label	US					8.99				9.99						local
	Harris Teeter	no label	US					6.99										w/ store card
		no label	US					8.99										w/o store card
	Redner's	Catelli Bros.	US					7.98										w/ store card
		Catelli Bros.	US					8.98										w/o store card
	Safeway	Open Nature	AU					3.99										w/ store card
	ShopRite	no label	AU					4.49				5.49		9.99				
	Shopper's	no label	AU					4.99										
	The Fresh Market	no label	n/a											17.99				
Wegman's	Thomas Farms	US									5.99						ABF	
	Wegman's	US									7.99						organic	
Weis	no label	AU					3.99				6.99		12.99				w/ store card	

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
ME	ALDI	Diamond Valley	AU								6.49					
	Market Basket	no label	US					4.99	4.99	4.99	5.49	5.49				w/ store card
		no label	US					5.99	5.99	5.99	6.49	6.49				w/o store card
	Shaw's	no label	AU									4.99				
NH	ALDI	Diamond Valley	AU								6.49					
	Market Basket	no label	US					4.99	4.99	4.99	5.49	5.49				w/ store card
		no label	US					5.99	5.99	5.99	6.49	6.49				w/o store card
	Price Chopper	Chiapetti	US										11.99			
		Chiapetti	AU										11.99			
	Shaw's	no label	AU					4.99			5.99			4.99		
The Fresh Market	no label	n/a										17.99				
NJ	A&P Stores	no label	AU					3.99								
	ACME	no label	n/a					3.99			5.99					
	ALDI	Diamond Valley	AU								6.49					
	Associated	no label	US	5.99												
	Bottom Dollar	no label	n/a	3.48												
	Bravo	no label	AU	4.99												
	C-Town	no label	AU	4.99												
	Foodtown	Cedar Springs	US								7.99					
	Fresh Grocer	no label	AU								4.99	5.99				
	Hurley's IGA	no label	n/a									6.99				
	Key Food	no label	US	4.99	4.99	5.99					7.99					
	King's	King's	US					6.99								
	Met Foods	no label	US	4.99												
	Morton Williams	no label	AU								7.99					
	Pathmark	no label	AU					3.98								w/ store card
	Pioneer	no label	US	5.99												
	ShopRite	no label	AU					4.49				5.49	9.99			
	Stop & Shop	Stop & Shop	AU					3.99			4.99		11.99			
	The Fresh Market	no label	n/a										17.99			
	Wegman's	Thomas Farms	US								5.99					ABF
Wegman's		US								7.99					organic	
Weis	no label	AU					3.99			6.99		12.99			w/ store card	
Whole Foods	Atkins Ranch	NZ	9.99				12.99						21.99			
	Coleman	US	9.99				12.99						21.99			

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast			
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half					
NY	A&P Stores	no label	AU					3.99									
	ALDI	Diamond Valley	AU									6.49					
	Associated	no label	US	5.99													
	Best Yet	no label	US	4.97								7.97					
	Big M	no label	US	4.99													
	Bravo	no label	AU	4.99													
	C-Town	no label	AU	4.99													
	D'Agostino	Cedar Springs	US	6.99	6.99	7.99											
	DeCiccio's	no label	US	5.99	6.39	6.49						9.99					
	Fairway	no label	AU										12.99				
		no label	US					6.99									
	Food Emporium	no label	US					6.99									
	Foodtown	Cedar Springs	US									7.99					
	Giunta's	no label	US	4.99		5.99											
	Great American	no label	n/a	4.99													
	Key Food	no label	US	4.99	4.99	5.99						7.99					
	King Kullen	no label	US	4.89	4.89	4.99											
	Met Foods	no label	US	4.99													
	Metropolitan	no label	US	4.99													
	Morton Williams	no label	AU									7.99					
	Pathmark	no label	AU					3.98									w/ store card
	Pioneer	no label	US	5.99													
	Price Chopper	Chiapetti	US										11.99				
		Chiapetti	AU										11.99				
		no label	AU					4.99				5.99					
	ShopRite	no label	AU					4.49				5.49	9.99				
	Stop & Shop	Stop & Shop	AU					3.99				4.99	11.99				
	The Fresh Market	no label	n/a										17.99				
	Tops	no label	n/a					5.99	5.99								
	Trade Fair	no label	US												2.79		
Wegman's	Thomas Farms	US									5.99					ABF	
	Wegman's	US									7.99					organic	
Weis	no label	AU					3.99				6.99	12.99				w/ store card	
Western Beef	no label	AU	3.99														
Whole Foods	Atkins Ranch	NZ	9.99										21.99				
	Coleman	US	9.99										21.99				

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast			
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half					
PA	A&P Stores	no label	AU					3.99									
	ACME	no label	n/a					3.99				5.99					
	ALDI	Diamond Valley	AU									6.49					
	Bottom Dollar	no label	n/a	3.48													
	C-Town	no label	AU	4.99													
	Food Lion	no label	n/a	5.99													w/ store card
		no label	n/a	6.99													w/o store card
	Foodtown	Cedar Springs	US									7.99					
	Foodland	no label	n/a					5.99									
	Fresh Grocer	no label	AU									4.99	5.99				
	Giant Eagle	no label	n/a					6.59						14.99			ABF
	Giant Food	no label	AU					3.99				4.99		11.99			w/ store card
		no label	AU					6.99				7.99		16.29			w/o store card
	Hurley's IGA	no label	n/a										6.99				
	Karn's	no label	US					5.99	5.88					14.99			
	Kuhn's	no label	US					6.99	6.99	7.09							
	Pathmark	no label	AU					3.98									w/ store card
	Price Chopper	Chiapetti	US											11.99			
		Chiapetti	AU											11.99			
		no label	AU					4.99				5.99					
	Redner's	Catelli Bros.	US					7.98									w/ store card
		Catelli Bros.	US					8.98									w/o store card
	Shop'n Save	no label	n/a					5.99									
ShopRite	no label	AU					4.49					5.49	9.99				
ShurSave	no label	n/a	4.99														
The Fresh Market	no label	n/a											17.99				
Thorne's Market	no label	US	4.99														
Tops	no label	n/a					5.99	5.99									
Wegman's	Thomas Farms	US									5.99					ABF	
	Wegman's	US									7.99					organic	
Weis	no label	AU					3.99				6.99		12.99			w/ store card	
Whole Foods	no label	NZ					7.99				9.99		19.99	19.99			
RI	ALDI	Diamond Valley	AU								6.49						
	Dave's Marketplace	no label	US	5.99							7.99						
	Highland Park	no label	US	6.99	6.99	6.99											
	Shaw's	no label	AU									4.99					

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
RI (cont)	Stop & Shop	Stop & Shop	AU					3.99				4.99		11.99		
	Whole Foods	no label	NZ									8.99				
VT	ALDI	Diamond Valley	AU									6.49				
	Price Chopper	Chiapetti	US										11.99			
		Chiapetti	AU											11.99		
	Shaw's Tops	no label	AU					4.99				5.99				
		no label	AU										4.99			
		no label	n/a					5.99	5.99							

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
SOUTHEASTERN U.S. - AL,FL,GA,MS,NC,SC,TN,VA,WV																
AL	ALDI	Diamond Valley	AU								6.49					
	Kroger Atlanta	Private Selection	n/a	5.99												
	Kroger Nashville	no label	n/a	4.99											w/ store card	
	Publix	Greenwise	AU					5.99		5.99						w/ store card; ABF
		Greenwise	AU					7.49		7.49						w/o store card; ABF
		Greenwise	AU								6.99					ABF
	Rouses	Royal Farms	US	8.99											local	
	The Fresh Market	no label	n/a									17.99				
	Whole Foods	Atkins Ranch	NZ									17.99	17.99		ABF; grass-fed	
Winn-Dixie	no label	n/a					6.99								w/ store card	
	no label	n/a					7.99								w/o store card	
FL	ALDI	Diamond Valley	AU								6.49					
	Bravo	no label	AU	4.39	4.69	4.59										
	Presidente	no label	AU	2.98											mutton	
	Publix	Greenwise	AU					5.99		5.99						w/ store card; ABF
		Greenwise	AU					7.49		7.49						w/o store card; ABF
		Greenwise	AU								6.99					ABF
	Sedano's	no label	NZ	5.99												
	The Fresh Market	no label	n/a									17.99				
	Winn-Dixie	no label	n/a					6.99								w/ store card
no label		n/a					7.99								w/o store card	
GA	ALDI	Diamond Valley	AU								6.49					
	Bi-Lo	no label	n/a					6.99								w/ store card
		no label	n/a					8.99								w/o store card
	Food Depot	Superior Farms	US	4.95	4.95	4.95										
	Food Lion	no label	n/a	5.99												w/ store card
		no label	n/a	6.99												w/o store card
	Ingle's	no label	n/a	6.98	6.98	6.98										w/ store card
		no label	n/a	9.18	9.18	9.18										w/o store card
	Kroger Atlanta	Private Selection	n/a	5.99												
	Publix	Greenwise	AU					5.99		5.99						w/ store card; ABF
		Greenwise	AU					7.49		7.49						w/o store card; ABF
		Greenwise	AU								6.99					ABF
The Fresh Market	no label	n/a									17.99					
Wayfield's	Superior Farms	US								8.99						

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				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half					
GA (cont)	Whole Foods	Atkins Ranch	NZ											17.99	17.99		ABF; grass-fed
	Winn-Dixie	no label	n/a					6.99									w/ store card
		no label	n/a					7.99									w/o store card
MS	ALDI	Diamond Valley	AU								6.49						
	Kroger Delta	Private Selection	n/a	5.99													w/ store card
	Rouses	Royal Farms	US	8.99													local
	The Fresh Market	no label	n/a									17.99					
	Winn-Dixie	no label	n/a					6.99									w/ store card
		no label	n/a					7.99									w/o store card
NC	ALDI	Diamond Valley	AU								6.49						
	Bi-Lo	no label	n/a					6.99									w/ store card
		no label	n/a					8.99									w/o store card
	Food Lion	no label	n/a	5.99													w/ store card
		no label	n/a	6.99													w/o store card
	Harris Teeter	no label	US					6.99									w/ store card
		no label	US					8.99									w/o store card
	Ingle's	no label	n/a	6.98	6.98	6.98											w/ store card
		no label	n/a	9.18	9.18	9.18											w/o store card
	Kroger MidAtlantic	no label	n/a			5.99											w/ store card
Lowe's Foods	no label	US					6.99	6.99									
The Fresh Market	no label	n/a									17.99						
Whole Foods	Atkins Ranch	NZ									17.99	17.99				ABF; grass-fed	
SC	ALDI	Diamond Valley	AU								6.49						
	Bi-Lo	no label	n/a					6.99									w/ store card
		no label	n/a					8.99									w/o store card
	Food Lion	no label	n/a	5.99													w/ store card
		no label	n/a	6.99													w/o store card
	Harris Teeter	no label	US					6.99									w/ store card
		no label	US					8.99									w/o store card
	Ingle's	no label	n/a	6.98	6.98	6.98											w/ store card
		no label	n/a	9.18	9.18	9.18											w/o store card
	Kroger Atlanta	Private Selection	n/a	5.99													
	Lowe's Foods	no label	US					6.99	6.99								
Publix	Greenwise	AU					5.99		5.99							w/ store card; ABF	
	Greenwise	AU					7.49		7.49							w/o store card; ABF	
	Greenwise	AU								6.99						ABF	

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				Bone-in				Semi-Boneless			Boneless		French			Crown Roast	
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half					
SC	The Fresh Market	no label	n/a											17.99			
(cont)	Whole Foods	Atkins Ranch	NZ											17.99	17.99		ABF; grass-fed
TN	ALDI	Diamond Valley	AU								6.49						
	Bi-Lo	no label	n/a					6.99									w/ store card
		no label	n/a					8.99									w/o store card
	Food City	no label	n/a					7.99									w/ store card
	Food Lion	no label	n/a	5.99													w/ store card
		no label	n/a	6.99													w/o store card
	Harris Teeter	no label	US					6.99									w/ store card
		no label	US					8.99									w/o store card
	Ingle's	no label	n/a	6.98	6.98	6.98											w/ store card
		no label	n/a	9.18	9.18	9.18											w/o store card
	Kroger Atlanta	Private Selection	n/a	5.99													w/ store card
	Kroger Delta	Private Selection	n/a	5.99													w/ store card
	Kroger MidAtlantic	no label	n/a			5.99											w/ store card
	Kroger Nashville	no label	n/a	4.99													w/ store card
	Publix	Greenwise	AU					5.99		5.99							w/ store card; ABF
		Greenwise	AU					7.49		7.49							w/o store card; ABF
		Greenwise	AU								6.99						ABF
	The Fresh Market	no label	n/a											17.99			
	Whole Foods	Atkins Ranch	NZ											17.99	17.99		ABF; grass-fed
VA	ALDI	Diamond Valley	AU								6.49						
	Farm Fresh	no label	US	6.99													
	Farmers Foods	no label	US	5.98	5.98	5.98											
	Food City	no label	n/a					7.99									w/ store card
	Food Lion	no label	n/a	5.99													w/ store card
		no label	n/a	6.99													w/o store card
	Giant of Maryland	Giant	AU					3.99			4.99			11.99			
	Giant Food	no label	AU					3.99			4.99			11.99			w/ store card
		no label	AU					6.99			7.99			16.29			w/o store card
	Harris Teeter	no label	US					6.99									w/ store card
		no label	US					8.99									w/o store card
	Ingle's	no label	n/a	6.98	6.98	6.98											w/ store card
		no label	n/a	9.18	9.18	9.18											w/o store card
	Kroger MidAtlantic	no label	n/a			5.99											w/ store card
	Lowe's Foods	no label	US					6.99	6.99								
	Safeway	Open Nature	AU					3.99									w/ store card

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast			
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half					
VA (cont)	Shopper's	no label	AU					4.99									
	The Fresh Market	no label	n/a									17.99					
	Wegman's	Thomas Farms	US								5.99					ABF	
	Wegman's	Wegman's	US								7.99					organic	
WV	ALDI	Diamond Valley	AU								6.49						
	Food Lion	no label	n/a	5.99												w/ store card	
		no label	n/a	6.99												w/o store card	
	Giant Eagle	no label	n/a					6.59				14.99				ABF	
	Giant Food	no label	AU					3.99			4.99	11.99				w/ store card	
		no label	AU					6.99			7.99	16.29				w/o store card	
	Kroger Columbus	no label	n/a	4.99												w/ store card	
	Kroger MidAtlantic	no label	n/a			5.99										w/ store card	
	Shop'n Save	no label	n/a					5.99									
	Sparkle	no label	n/a					6.99									
Weis	no label	AU					3.99			6.99	12.99					w/ store card	

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LAMB

State	Supermarket	Label	Origin	Leg of Lamb									Racks		Breast	Conditions
				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
MIDWESTERN U.S. - IA,IL,IN,KY,MI,MN,ND,NE,OH,SD,WI																
IA	ALDI	Diamond Valley	AU									6.49				
	Dahl's	no label	n/a	6.99	6.99	6.99										
	Hy-Vee	Strauss	US	5.99								8.88				
	No Frills	no label	n/a					7.99								
	Whole Foods	no label	NZ	8.99								10.99		21.99	21.99	
IL	ALDI	Diamond Valley	AU									6.49				
	Angelo Caputo	Strauss	US		5.99	5.99		6.99								
	Berkot's	Chiapetti	US	7.99												
	Butera Market	no label	US	4.99	4.99	5.99										
	Dierberg's	Dierberg's	US					7.99				7.99				
	Fairplay Foods	no label	US					5.99								
	Garden Fresh	no label	US	4.95												
		no label	AU											14.95		
	Hy-Vee	Strauss	US	5.99								8.88				
	Jewel-Osco	Chiapetti	US	4.99												
	Joe Caputo	no label	US	4.49				6.99							3.49	
	Kroger Central	no label	n/a	4.99												w/ store card
	Kroger Louisville	no label	n/a	4.99												w/ store card
	Mariano's Fresh	no label	US					6.99								
	Meijer	no label	n/a					4.99								
	Pete's Fresh	no label	US	4.99												
	Piggly Wiggly	no label	US						6.69							
	Shop and Save	no label	US	4.99	5.49	5.49										
	The Fresh Market	no label	n/a											17.99		
	Tony's Finer Foods	no label	US												2.99	
	Chiapetti	US	4.99													
Ultra Foods	Chiapetti	US	5.49													
Valli Produce	no label	US	4.49								6.49					
Walt's Food	no label	US	5.49				7.49									
Whole Foods	no label	NZ	8.99								10.99		21.99	21.99		
IN	Al's	Chiapetti	US					5.99								w/ store card
		Chiapetti	US					7.99								w/o store card
	ALDI	Diamond Valley	AU								6.49					
	Jewel-Osco	Chiapetti	US	4.99												
	Kroger Central	no label	n/a	4.99												
	Kroger Cincinnati	no label	n/a	4.99												w/ store card

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State	Supermarket	Label	Origin	Leg of Lamb									Racks		Breast	Conditions
				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
IN (cont)	Kroger Louisville	no label	n/a	4.99												w/ store card
	Marsh	no label	US	6.99	6.99	6.99					7.99					w/ store card
		no label	US	7.99	7.99	7.99					8.99					w/o store card
	Martin's	Martin's	US					7.99	8.99	8.99						w/ store card
		Martin's	US					8.78	9.99	9.99						w/o store card
	Meijer	no label	n/a					4.99								
	Strack & VanTil	Chiapetti	US	5.79												
	The Fresh Market	no label	n/a										17.99			
	Valu Market	no label	n/a	5.99												
Whole Foods	no label	NZ	8.99							10.99		21.99	21.99			
KY	ALDI	Diamond Valley	AU								6.49					
	Food City	no label	n/a					7.99								w/ store card
	Food Lion	no label	n/a	5.99												w/ store card
		no label	n/a	6.99												w/o store card
	Kroger Cincinnati	no label	n/a	4.99												
	Kroger Louisville	no label	n/a	4.99												w/ store card
	Kroger MidAtlantic	no label	n/a			5.99										w/ store card
	Meijer	no label	n/a					4.99								
The Fresh Market	no label	n/a										17.99				
MI	ALDI	Diamond Valley	AU								6.49					
	Busch's	no label	US					5.99								
	D&W Fresh	no label	US					4.99								
	Harding's	no label	US					5.99								
	Hiller's	no label	US	6.99												ABF; local
	Kroger Michigan	no label	n/a	3.99												
	Martin's	Martin's	US					7.99	8.99	8.99						w/ store card
		Martin's	US					8.78	9.99	9.99						w/o store card
	Meijer	no label	n/a					4.99								
	Plumb's	no label	US					4.59								
	Polly's Market	no label	US	5.29												w/ store card
		no label	US	7.29												w/o store card
	Spartan Stores	no label	n/a					4.99								
	Tadych's	Provimi	US	6.99												
	Tom's/Oleson's	no label	US					4.99								
	VG's Grocery	no label	n/a					4.99								
Whole Foods	no label	NZ	8.99							10.99		21.99	21.99			

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LAMB

State	Supermarket	Label	Origin	Leg of Lamb								Racks		Breast	Conditions			
				Bone-in				Semi-Boneless			Boneless		French			Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half						
MN	ALDI	Diamond Valley	AU									6.49						
	Coborn's	Musillami	US					7.99										
	Festival	no label	n/a					7.99									w/ store card	
		no label	n/a					9.99										w/o store card
	Hy-Vee	Strauss	US	5.99								8.88						
	Kowalski's	Kowalski's	US					9.99				10.99					w/ store card	
		Kowalski's	US					11.99				12.99						w/o store card
	Rainbow Foods	no label	US					7.99				8.99						
Whole Foods	no label	NZ	8.99								10.99		21.99	21.99				
ND	Coborn's	Musillami	US					7.99										
NE	ALDI	Diamond Valley	AU									6.49						
	Bag'n Save	no label	n/a					7.99										
	Hy-Vee	Strauss	US	5.99								8.88						
	Russ Market	Cedar Springs	US									5.99						
		Cedar Springs	US					6.99									w/ store card	
		Cedar Springs	US					7.99									w/o store card	
	Safeway	Open Nature	US	5.99													local	
Whole Foods	no label	NZ	8.99								10.99		21.99	21.99				
OH	Acme Fresh	Marcho Farms	US	5.99										17.99			w/ store card	
		Marcho Farms	US	7.99										19.99			w/o store card	
	ALDI	Diamond Valley	AU									6.49						
	Bottom Dollar	no label	n/a	3.48														
	Buehler's	no label	n/a					5.99				6.99					w/ store card	
		no label	n/a					9.99				9.99					w/o store card	
	Dave's Market	no label	n/a					4.99									w/ store card	
		no label	n/a					6.99									w/o store card	
	Fisher's	no label	US	5.99				7.99									w/ store card	
		no label	US	9.99				9.99									w/o store card	
	Fresh Encounter	Community Market	US	5.99														
	Giant Eagle	no label	n/a					6.59						14.99			ABF	
	Heinen's	Heinen's	US	5.99													w/ store card	
		Heinen's	US	7.99													w/o store card	
	Kroger Central	no label	n/a	4.99													w/ store card	
Kroger Cincinnati	no label	n/a	4.99													w/ store card		
Kroger Columbus	no label	n/a	4.99													w/ store card		
Kroger MidAtlantic	no label	n/a				5.99										w/ store card		

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LAMB

State	Supermarket	Label	Origin	Leg of Lamb									Racks		Breast	Conditions
				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
OH (cont)	Marsh	no label	US	6.99	6.99	6.99						7.99				w/ store card
		no label	US	7.99	7.99	7.99						8.99				w/o store card
	Meijer	no label	n/a					4.99								
	Shop'n Save	no label	n/a					5.99								
	Sparkle	no label	n/a					6.99								
	The Fresh Market	no label	n/a										17.99			
	Thorne's Market	no label	US	4.99												
SD	Coborn's	Musillami	US					7.99								
	Hy-Vee	Strauss	US	5.99								8.88				
	Safeway	Open Nature	US	5.99												local
WI	ALDI	Diamond Valley	AU									6.49				
	Hy-Vee	Strauss	US	5.99								8.88				
	Pick'n Save/Copp's	no label	US					7.99				8.99				
	Piggly Wiggly	no label	US					6.69								
	Sendik's	Sendik's	US					9.99								
	Sentry	Sentry	US	5.99	5.99	5.99										
	Tadych's	Provimi	US	6.99												
	The Fresh Market	no label	n/a										17.99			
	Whole Foods	no label	NZ	8.99								10.99	21.99	21.99		

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
SOUTH CENTRAL U.S. - AR,AZ,CO,KS,LA,MO,NM,OK,TX,UT																
AR	ALDI	Diamond Valley	AU								6.49					
	TC Markets	no label	n/a					6.99								
	The Fresh Market	no label	n/a									17.99				
	Whole Foods	no label	n/a	7.99							10.99	19.99	19.99		ABF	
AZ	Albertson's	no label	n/a	6.99												
	Basha's	no label	n/a	7.99	7.99	7.99										
	Safeway	Open Nature	AU					4.99							w/ store card	
	Sprout's	no label	NZ								5.99	12.99				
	Whole Foods	no label	NZ	7.99								19.99			ABF	
CO	Albertson's	no label	n/a	6.99												
	King Soopers	no label	n/a	6.49												
	Safeway	Open Nature	US	5.99											local	
	Sprout's	no label	NZ								5.99	12.99				
	Whole Foods	no label	NZ	7.99												
KS	ALDI	Diamond Valley	AU								6.49					
	Hy-Vee	Strauss	US	5.99							8.88					
	Sprout's	no label	NZ								5.99	12.99				
	Sun Fresh	no label	US					6.99								
	The Fresh Market	no label	n/a									17.99				
	Whole Foods	no label	NZ	7.99												
LA	Breaux Mart	no label	n/a	4.99												
	Rouses	Royal Farms	US	8.99											local	
	The Fresh Market	no label	n/a									17.99				
	Whole Foods	no label	n/a	7.99							10.99	19.99	19.99		ABF	
	Winn-Dixie	no label	n/a					6.99							w/ store card	
		no label	n/a					7.99							w/o store card	
MO	ALDI	Diamond Valley	AU								6.49					
	Dierberg's	Dierberg's	US					7.99				7.99				
	Harter House	no label	n/a					7.99								
	Hy-Vee	Strauss	US	5.99							8.88					
	Kroger Central	no label	n/a	4.99											w/ store card	
	Pyramid Foods	Cedar Springs	US					7.99								
	Sun Fresh	no label	US					6.99								
	TC Markets	no label	n/a					6.99								
	Whole Foods	no label	NZ	8.99							10.99	21.99	21.99			
	Woods	no label	n/a					6.99								

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State	Supermarket	Label	Origin	Leg of Lamb									Racks		Breast	Conditions
				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
NM	Albertson's	no label	n/a	6.99												local
	Safeway	Open Nature	US	5.99												
	Sprout's	no label	NZ								5.99		12.99			
	Whole Foods	no label	NZ	7.99												
OK	ALDI	Diamond Valley	AU									6.49				ABF
	Pyramid Foods	Cedar Springs	US					7.99								
	Reasor's	no label	n/a						7.88	7.88						
	Sprout's	no label	NZ								5.99		12.99			
	The Fresh Market	no label	n/a										17.99			
Whole Foods	no label	n/a	7.99								10.99		19.99	19.99		
TX	Albertson's	no label	n/a	6.99												w/ store card
	ALDI	Diamond Valley	AU									6.49				
	H-E-B	H-E-B Natural	US					7.97								
	Randall's/Tom Thmb	Open Nature	AU					4.99								
	Sprout's	no label	NZ								5.99		12.99			
	The Fresh Market	no label	n/a										17.99			
Whole Foods	no label	n/a	7.99								10.99		19.99	19.99		
UT	Albertson's SW	no label	n/a	6.99												
	Albertson's Mtn	no label	n/a	5.99												
	Associated Food	no label	n/a	5.99												
	Sprout's	no label	NZ								5.99		12.99			
	Whole Foods	no label	NZ	7.99												

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast			
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half					
SOUTHWESTERN U.S. - CA,HI,NV																	
CA	Albertson's	no label	n/a	6.99													
	Holiday Markets	Shepherd's Pride	US	6.99													w/ store card
		Shepherd's Pride	US	7.99													w/o store card
	Jensen's	no label	US	8.49							10.99						
	Jon's Marketplace	no label	n/a	4.99	4.99	4.99						5.99					
	Lucky	no label	US	6.99							7.99						
	Mar-Val	no label	US	4.99												local	
	Mollie Stone's	no label	US	7.49	7.49	7.49											
	Nugget Market	Superior Farms	US	5.99													w/ store card
		Superior Farms	US	8.99													w/o store card
	Ralph's	Private Selection	US	5.99													w/ store card
	Ray's Food Place	no label	US								8.99						
	Safeway	Open Nature	AU	4.99				4.99			5.99		9.99				w/ store card
	Save Mart	Superior Farms	US	6.99													
	Sprout's	no label	NZ								5.99		12.99				
	Stater Bros.	no label	US	5.99													
Vons/Pavillion	Open Nature	AU					3.99									w/ store card	
Whole Foods - Nrth	no label	NZ	7.99							9.99		19.99					
Whole Foods - Sth	no label	NZ	7.99									19.99				ABF	
HI	Foodland	no label	n/a							8.49		14.99					
	Safeway	Open Nature	AU	5.99				5.99		6.99		10.99				w/ store card	
	Times	Country Meadow	n/a							7.99	7.99						
	Whole Foods	no label	NZ									19.99				ABF	
NV	Albertson's	no label	n/a	6.99													
	Safeway	Open Nature	AU	4.99				4.99		5.99		9.99				w/ store card	
	Scolari's	Shepherd's Pride	US	5.99													
	Sprout's	no label	NZ							5.99		12.99					
	Vons/Pavillion	Open Nature	AU					3.99								w/ store card	
	Whole Foods	no label	NZ	7.99								19.99				ABF	

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				Bone-in				Semi-Boneless			Boneless		French	Crown Roast		
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half				
NORTHWESTERN U.S. - AK, ID, MT, OR, WA, WY																
AK	Carr's Fred Meyer	Open Nature no label	AU n/a					5.99						10.99		w/ store card
ID	Albertson's Mtn Associated Food Fred Meyer Rosauer's Safeway Super 1 Foods Yoke's	no label no label no label Superior Farms Open Nature Superior Farms Summit Creek	n/a n/a n/a US AU US US	5.99 5.99 5.99									7.99 7.99	9.99		w/ store card
MT	Albertson's Mtn Reynold's Rosauer's Safeway Super 1 Foods	no label no label Superior Farms Open Nature Superior Farms	n/a US US AU US	5.99				6.99					7.99 7.99	9.99		w/ store card
OR	Albertson's Fred Meyer Market of Choice New Seasons QFC Ray's Food Place Roth's Safeway	no label no label Anderson Ranch no label no label no label Anderson Ranch Open Nature	US n/a US US US US US AU	5.99 10.99 6.99				6.99					8.99 8.99	12.99		ABF local w/ store card ABF; local w/ store card
WA	Albertson's Fred Meyer Haggen/Top's Metropolitan Market QFC Red Apple Rosauer's Safeway Super 1 Foods The Markets Yoke's	no label no label no label no label no label no label Superior Farms Open Nature Superior Farms no label Summit Creek	US n/a n/a US US US US AU US n/a US	5.99 8.99 6.99 6.99				6.99 7.99					7.99 7.99	9.99		w/ store card w/ store card

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State	Supermarket	Label	Origin	Leg of Lamb									Racks		Breast	Conditions	
				Bone-in				Semi-Boneless			Boneless		French	Crown Roast			
				Whole	Butt	Shank	Kosher	Whole	Butt	Shank	Whole	Half					
WY	Albertson's Mtn	no label	n/a	5.99													
	Associated Food	no label	n/a	5.99													
	King Soopers	no label	n/a	6.49													
	Safeway	Open Nature	US	5.99													local