

**From:** [OConnor, Martin](#)  
**To:** [Naturallyraised;](#)  
**CC:**  
**Subject:** FW: natural definition  
**Date:** Friday, December 22, 2006 11:11:46 AM  
**Attachments:**

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-----Original Message-----

From: holmdale\_1@juno.com [[mailto:holmdale\\_1@juno.com](mailto:holmdale_1@juno.com)]

Sent: Tuesday, December 05, 2006 10:43 PM

To: OConnor, Martin

Subject: natural definition

I farm approximately 700 acres in upstate New York. Three Hundred are used as row crop and hay land. another two fifty are pasture. The rest provides home for wildlife that also shares my crops.

I pasture cattle as long in the fall and as early in the spring as mother nature will allow. In the spring all animals under 900 #'s are put on intensive pasture rotations.

Cattle will grow very well on grass alone, But with a small amount of supplementation, they will grow even better. Three to four lb's of corn ,barley,or oats per animal, cattle, per day will increase grow approximately one third. I have small groups, 40 to 50 head, averaging 2.5 to 3. lb's per day grow during my pasture period. Corn and other small grains are as natural as grass. The cattle are healthy, they spread their own waste.

In winter stored forages with again SMALL amounts of grain will finish these animals in less than two years of age and to acceptable grade. Neither antibiotics or implants need to be used to get these growth rate

My definition of NATURAL is: Raised on pasture as your weather allows with limited supplementation. Antibiotics to be used only to maintain the health of the animal not as a stimulant.

Thank You for your time  
Donald H.Holman  
Adams, New York